

A la carte			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Edamame, Salt													Soya	
Edamame, Spicy												Sesame	Soya	
Edamame, Grilled												Sesame	Soya	
Okazu, Kimchi												Sesame	Soya	
Okazu, Poteto sarada									Mustard		May contain Peanuts			
Okazu, Kappa chili										Nuts (Almonds)		Sesame	Soya	
Shake tataki					Fish							Sesame	Soya	
Bimi tempura		Cereals containing gluten (wheat)											Soya (Shitake dipping sauce)	
Kinoko korokke		Cereals containing gluten (wheat)		Eggs			Milk		Mustard (Miso aioli)		May contain Peanuts		Soya (Miso aioli)	
Kaki fry		Cereals containing gluten (wheat)		Eggs				Molluscs (Oyster)	Mustard (Tartar sauce)		May contain Peanuts		Soya (Tatar sauce)	
Tuna tatar bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard		May contain Peanuts	Sesame	Soya	
Kani&Ikura temaki			Crustaceans (Crab)	Eggs	Fish (Ikura)				Mustard		May contain Peanuts	Sesame	Soya	
Hotate ceviche	Celery	Cereals containing gluten (wheat) (Kataifi)						Molluscs (Scallop)	Mustard		May contain Peanuts	Sesame	Soya	

A la carte/Come for a swim			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Come for a swim, Hotate kataifi		Cereals containing gluten (wheat)		Eggs	Fish (Ikura)			Molluscs (Scallop)	Mustard (Miso aioli)		May contain Peanuts		Soya	
Come for a swim, Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish (Wasabi ceasar)		Milk		Mustard (Wasabi ceasar)		May contain Peanuts			
Come for a swim, Kaki fry		Cereals containing gluten (wheat)		Eggs				Molluscs (Oyster)	Mustard (Tartar sauce)		May contain Peanuts		Soya (Tatar sauce)	
Come for a swim, Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya	
Come for a swim, Shake tataki					Fish							Sesame	Soya	
Come for a swim, Tuna bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard		May contain Peanuts	Sesame	Soya	
Broccoli									Mustard (Spicy goma)		May contain Peanuts	Sesame	Soya	
Hotate kataifi		Cereals containing gluten (wheat)		Eggs	Fish (Ikura)			Molluscs (Scallop)	Mustard (Miso aioli)		May contain Peanuts		Soya	
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish (Wasabi ceasar)		Milk		Mustard (Wasabi ceasar)		May contain Peanuts			
Seaweed salad									Mustard		May contain Peanuts	Sesame	Soya	
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs		4-6			Mustard (Miso aioli)		May contain Peanuts		Soya (Miso aioli)	

A la carte			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Gyoza		Cereals containing gluten (wheat)		Eggs (Qp mayo)	Fish (Bonito flakes, Okonomiyaki sauce))			Molluscs (Oyster, Mussels) (Okonomiyaki sauce)	Mustard (Qp mayo)		May contain Peanuts	Sesame	Soya	
Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya	
Karaage		Cereals containing gluten (wheat)		Eggs (Wasabi ceasar)	Fish		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)		May contain Peanuts		Soya	
Miso soup													Soya	
Ricepaper shake					Fish				Mustard (Goma)		May contain Peanuts	Sesame (Goma)	Soya	
Cauliflower									Mustard (Black truffle goma)		May contain Peanuts	Sesame (Black truffle goma, Mixed sesame)	Soya (Black truffle goma)	
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)		May contain Peanuts	Sesame	Soya	
Wagyu bites		Cereals containing gluten (wheat) (Toast, Kizami wasabi)											Soya (Kiozami wasabi)	
Caviar					Fish									

Sashimi			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna sashimi					Fish				Mustard (Wasabi)		May contain Peanuts		Soya	
Salmon sashimi					Fish				Mustard (Wasabi)		May contain Peanuts		Soya	
Hiramasa sashimi					Fish				Mustard (Wasabi)		May contain Peanuts		Soya	
Sashimi Deluxe	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Kataifi)	Crustaceans (Crab) (Snowcrab)	Eggs	Fish			Molluscs (Scallop) (Hotate ceviche)	Mustard		May contain Peanuts	Sesame (Yuzumiso)	Soya	Sulphur Dioxide (Tsume soy)

Nigiri			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Kinoko nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Hiramasa nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Nasu aburi nigiri		Cereals containing gluten (wheat) (Table soy, Kizami wasabi)							Mustard (Wasabi)		May contain Peanuts	Sesame (Yuzumiso)	Soya	Sulphur Dioxide
Aka piman nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Hiramasa yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Shake new york nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Hotate yaki nigiri	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Table soy)			Fish (masago)			Molluscs (Scallop)	Mustard (Wasabi)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Inari		Cereals containing gluten (wheat)							Mustard (Wasabi)		May contain Peanuts	Sesame	Soya	

Nigiri/Tokyo&Kyoto non stop			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Inari ikura		Cereals containing gluten (wheat)			Fish				Mustard (Wasabi)		May contain Peanuts	Sesame	Soya	
Tamago nigiri		Cereals containing gluten (wheat) (Table soy)		Eggs					Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Ebi nigiri		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)						Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts	Sesame (Soy sesame)	Soya (Table soy)	
Maguro nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Kyoto non stop		Cereals containing gluten (wheat) (Table soy, Inari)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts	Sesame	Soya (Yuzumiso, Table soy, Tsume soy)	Sulphur Dioxide
Tokyo non stop		Cereals containing gluten (wheat) (Table soy)			Fish			11-12	Mustard (Wasabi)		May contain Peanuts		Soya (Table soy, Tsume soy)	

House rolls			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Full house														
Wagyu house roll		Cereals containing gluten (wheat) (Table soy, Kataifi)							Mustard (Wasabi)		May contain Peanuts		Soya (Kizami wasabi, Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Aka ebi house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)	Eggs (Miso aioli)	Fish (Ikura)		Milk (Garlic butter)		Mustard (Wasabi)		May contain Peanuts	Sesame	Soya	
Black cod house roll		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts	Sesame (Soy sesame)	Soya	Sulphur Dioxide (Tsume soy)
Red&green house roll		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts	Sesame (Soy sesame)	Soya	Sulphur Dioxide (Tsume soy)
Softshell house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Crab)	Eggs	Fish (Masago)				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Kani&avocado house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Crab)	Eggs					Mustard		May contain Peanuts	Sesame (Soy sesame)	Soya	

Temaki setto/As good as it gets		RED:Dish Contains allergen that can't be removed							GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
As good as it gets														
Temaki setto		Cereals containing gluten (wheat) (Kisami wasabi, Kataifi)	Crustaceans (Crab)	Eggs	Fish (Ikura)				Mustard		May contain Peanuts	Sesame	Soya	
Hotate kataifi		Cereals containing gluten (wheat)		Eggs	Fish (Ikura)			Molluscs (Scallop)	Mustard (Miso aioli)		May contain Peanuts		Soya	
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish (Wasabi ceasar)		Milk		Mustard (Wasabi ceasar)		May contain Peanuts			
Kaki fry		Cereals containing gluten (wheat)		Eggs				Molluscs (Oyster)	Mustard (Tartar sauce)		May contain Peanuts		Soya (Tatar sauce)	
Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya	
Shake tataki					Fish							Sesame	Soya	
Tuna Tartare		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard		May contain Peanuts	Sesame	Soya	
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce, mixed sesame)	Soya (Spicy sauce, Tsume soy, Table soy)	Sulphur Dioxide (Tsume soy)
New york subway		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	
Grilled edamame												Sesame	Soya	
Black cod					Fish								Soya	
Hotate bacon								Molluscs (Scallop)					Soya (Miso herb sauce)	
Extra for 3 persons														
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	

Kaburimaki			RED:Dish Contains allergen that can't be removed					GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Maki maki/Mini maki maki														
Ceviche kaburimaki	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Table soy)						Molluscs (Scallop)	Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Hell's kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce, mixed sesame)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Shake aioli kaburimaki		Cereals containing gluten (wheat) (Table soy)		Eggs (Miso aioli)	Fish				Mustard (Wasabi, Miso aioli)		May contain Peanuts	Sesame (Soy sesame)	Soya (Miso aioli, Soy sesame, Ikura, Table soy)	Sulphur Dioxide (Tsume soy)
New york subway		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	

Uramaki			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Crispy ebi uramaki		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce, Mixed sesame)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Califonia uramaki		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)	Eggs (Miso aioli)	Fish (Masago)				Mustard (Wasabi, Miso aioli)		May contain Peanuts	Sesame (Mixed sesame)	Soya (Miso aioli, Mixed sesame, Table soy)	
Mamma mia uramaki		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)		May contain Peanuts	Sesame (Soy sesame)	Soya (Soy sesame, Table soy)	
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya	
Nanban uramaki		Cereals containing gluten (wheat) (Karaage, Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi)		May contain Peanuts	Sesame	Soya	Sulphur Dioxide (Tsume soy)
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi)		May contain Peanuts	Sesame	Soya (Spicy sauce, Table soy)	

Four meal drive			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Four meal drive														
Maguro nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Ebi nigiri		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)						Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Nanban uramaki		Cereals containing gluten (wheat) (Karaage,Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi)		May contain Peanuts	Sesame	Soya	Sulphur Dioxide (Tsume soy)
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya	

Four meal drive			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Four meal drive														
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi)		May contain Peanuts	Sesame	Soya (Spicy sauce, Table soy)	
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce, mixed sesame)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Shake aioli kaburimaki		Cereals containing gluten (wheat) (Table soy)		Eggs (Miso aioli)	Fish				Mustard (Wasabi, Miso aioli)		May contain Peanuts	Sesame (Soy sesame)	Soya (Miso aioli, Soy sesame, Ikura, Table soy)	Sulphur Dioxide (Tsume soy)

Sticks			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Hiramasa kama					Fish							Sesame (Soy sesame)	Soya (Miso soup)	
Aigamo tsukune				Eggs									Soya	Sulphur Dioxide (Tsume soy)
Shishito yaki												Sesame	Soya	
Imo yaki												Sesame (Sesame oil, Soy sesame)	Soya (Teriyaki, Soy sesame)	
Eringi yaki												Sesame (Sesame oil)	Soya (Supreme soy, Miso herb butter)	
Momo nanban				Eggs					Mustard (Miso aioli)		May contain Peanuts		Soya	
Shoyu tebasaki												Sesame	Soya	
Tebasaki														
Tsukune				Eggs								Sesame	Soya	
Tsukune chili				Eggs					Mustard		May contain Peanuts	Sesame	Soya	
Wagyu yaki														
Shake teriyaki					Fish								Soya (Teriyaki)	
Gindara no miso					Fish								Soya	
Aka ebi			Crustaceans (Prawn)				Milk (Garlic butter)					Sesame	Soya	

Sticks			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Hotate bacon								Molluscs (Scallop)					Soya (Miso herb sauce)	
Saba yaki					Fish								Soya (Shiso-ginger sauce)	
Yagi yaki							Milk							
Chiizu maki							Milk							
Buta yaki									Mustard (Yuzumiso)		May contain Peanuts	Sesame (Yuzumiso. Mixed sesame)	Soya	
Iberico secreto													Soya	
Gyu habu													Soya (Miso herb sauce)	
Ramu niku							Milk (Garlic butter)					Sesame	Soya	
Rice														
Crunchy chili										Nuts (Almonds)		Sesame	Soya	
Teriyaki													Soya	
Chilidip									Mustard		May contain Peanuts	Sesame	Soya	

Robust			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Robust														
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)		May contain Peanuts	Sesame	Soya	
Bimi tempura		Cereals containing gluten (wheat)											Soya (Shitake dipping sauce)	
Okazu, Kimchi												Sesame	Soya	
Okazu, Poteto sarada									Mustard		May contain Peanuts			
Okazu, Kappa chili										Nuts (Almonds)		Sesame	Soya	
Aigamo tsukune				Eggs									Soya	Sulphur Dioxide (Tsume soy)
Shoyu tebasaki												Sesame	Soya	
Tsukune chili				Eggs					Mustard		May contain Peanuts	Sesame	Soya	
Gyu habu													Soya (Miso herb sauce)	

Set for succes			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Set for succes														
Broccoli									Mustard (Spicy goma)		May contain Peanuts	Sesame	Soya	
Ebi hapser		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs					Mustard (Miso aioli)		May contain Peanuts		Soya (Miso aioli)	
Shake tataki					Fish							Sesame	Soya	
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)		May contain Peanuts	Sesame	Soya	
Hell's kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce, mixed sesame)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Nanban uramaki		Cereals containing gluten (wheat) (Karaage, Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi)		May contain Peanuts	Sesame	Soya	Sulphur Dioxide (Tsume soy)
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Crema cheese)		Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Aka ebi			Crustaceans (Prawn)				Milk (Garlic butter)					Sesame	Soya	
Tsukune chili				Eggs					Mustard		May contain Peanuts	Sesame	Soya	
Iberico secreto													Soya	
Extra for 3 persons														
Ricepaper salmon					Fish				Mustard (Goma)		May contain Peanuts	Sesame (Goma)	Soya	
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish (Wasabi ceasar)		Milk <small>24-25</small>		Mustard (Wasabi ceasar)		May contain Peanuts			

Perfect day			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Perfect day														
Edamame, Salt													Soya	
Tuna tatar bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard		May contain Peanuts	Sesame	Soya	
Kinoko korokke		Cereals containing gluten (wheat)		Eggs			Milk		Mustard (Miso aioli)		May contain Peanuts		Soya (Miso aioli)	
Ricepaper salmon					Fish				Mustard (Goma)		May contain Peanuts	Sesame (Goma)	Soya	
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts	Sesame (Soy sesame)	Soya (Table soy)	
Crispy ebi uramaki		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce, Mixed sesame)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya	
Tsukune				Eggs								Sesame	Soya	
Buta yaki									Mustard (Yuzumiso)		May contain Peanuts	Sesame (Yuzumiso. Mixed sesame)	Soya	
Shake teriyaki					Fish								Soya (Teriyaki)	
Extra for 3 persons														
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs			26-27		Mustard (Miso aioli)		May contain Peanuts		Soya (Miso aioli)	

Green my day			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Green my day														
Edamame, Spicy												Sesame	Soya	
Seaweed salad									Mustard		May contain Peanuts	Sesame	Soya	
Cauliflower									Mustard (Black truffle goma)		May contain Peanuts	Sesame (Black truffle goma, Mixed sesame)	Soya (Black truffle goma)	
Kinoko nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Nasu aburi nigiri		Cereals containing gluten (wheat) (Table soy, Kizami wasabi)							Mustard (Wasabi)		May contain Peanuts	Sesame (Yuzumiso)	Soya	Sulphur Dioxide
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts	Sesame (Soy sesame)	Soya (Table soy)	
Red&green house roll		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts	Sesame (Soy sesame)	Soya	Sulphur Dioxide (Tsume soy)
Imo yaki												Sesame (Sesame oil, Soy sesame)	Soya (Teriyaki, Soy sesame)	
Eringi yaki												Sesame (Sesame oil)	Soya (Supreme soy, Miso herb butter)	

Solo			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Solo														
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya	
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Crispy ebi uramaki		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce, Mixed)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Hiramasa yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Maguro nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts	Sesame (Soy sesame)	Soya (Table soy)	
Ebi nigiri		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)						Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Aka piman nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)

Mixed emotions			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Mixed emotions														
Edamame, Salt													Soya	
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish (Wasabi ceasar)		Milk		Mustard (Wasabi ceasar)		May contain Peanuts			
Shake tataki					Fish							Sesame	Soya	
Maguro nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya	
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi)		May contain Peanuts	Sesame	Soya (Spicy sauce, Table soy)	
Tsukune				Eggs								Sesame	Soya	
Shake teriyaki					Fish								Soya (Teriyaki)	

Salad&Chirashi			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Jungle fish			Crustaceans (Sushi ebi)	Eggs (Miso mustard)	Fish				Mustard (Miso mustard)		May contain Peanuts	Sesame (Soy sesame, Tuna tataki)	Soya	
Green gate									Mustard (Goma)		May contain Peanuts	Sesame	Soya	
Green bird				Eggs (Soy egg, Wasabi ceasar)	Fish (Wasabi ceasar)		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)		May contain Peanuts	Sesame	Soya	
Chirashi deluxe		Cereals containing gluten (wheat) (Ebi tempura,	Crustaceans (Crab, Prawn)	Eggs	Fish				Mustard (Wasabi)		May contain Peanuts	Sesame (Soy sesame, Salmon tataki)	Soya	Sulphur Dioxide (Tsume soy)
Beautiful mess		Cereals containing gluten (wheat) (Ebi tempura)			Fish				Mustard (Wasabi)		May contain Peanuts	Sesame	Soya	Sulphur Dioxide (Poke sauce)

Desserts			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Matcha		Cereals containing gluten (wheat)		Eggs			Milk						Soya	
Yuzu		Cereals containing gluten (wheat)		Eggs			Milk							
Goma creme brulle		Cereals containing gluten (wheat) (Sesame crumble)		Eggs			Milk					Sesame (Sesame crumble)		
Karameru		Cereals containing gluten (wheat) (Cookie crumble)		Eggs			Milk			Nuts (Hazelnut) (Hazelnut& chocolate)			Soya	
Kids lolly		Cereals containing gluten (wheat) (Cookie crumble)		Eggs			Milk						Soya	
Sharbetto														
Black current sorbet														
Mango sorbet														
Chocolate/Almond sorbet										Nuts (Almonds)				
Take away														
Matcha/Chocolate		Cereals containing gluten (wheat) (Matcha crumble)		Eggs			Milk						Soya	

Kids menu			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Sticks menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya	
Chicken meatballs				Eggs								Sesame	Soya	
Salmon teriyaki					Fish								Soya (Teriyaki sauce)	
Sushi menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya	
Salmon nigiri					Fish									
Prawn nigiri			Crustaceans (Prawn)											
Cucumber maki														
Salmon maki					Fish									
Prawn maki			Crustaceans (Prawn)											
Avocado maki														
Sticks n sushi menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya	
Salmon maki					Fish									
Cucumber maki														
Dessert														
Kids lolly		Cereals containing gluten (wheat) (Cookie crumble)		Eggs			Milk						Soya	

Hosomaki			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Shake maki		Cereals containing gluten (wheat) (Table soy)			Fish								Soya (Table soy)	
Kappa maki		Cereals containing gluten (wheat) (Table soy)											Soya (Table soy)	
Avocado maki		Cereals containing gluten (wheat) (Table soy)											Soya (Table soy)	

Seven heaven			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Seven Heaven														
Crispy ebi uramaki		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce, Mixed sesame)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Califonia uramaki		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)	Eggs (Miso aioli)	Fish (Masago)				Mustard (Wasabi, Miso aioli)		May contain Peanuts	Sesame (Mixed sesame)	Soya (Miso aioli, Mixed sesame, Table)	
Mamma mia uramaki		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)		May contain Peanuts	Sesame (Soy sesame)	Soya (Soy sesame, Table soy)	
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya	
Nanban uramaki		Cereals containing gluten (wheat) (Karaage, Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi)		May contain Peanuts	Sesame	Soya	Sulphur Dioxide (Tsume soy)
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi)		May contain Peanuts	Sesame	Soya (Spicy sauce, Table soy)	

Group menu Ichi ban			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Ichi ban														
Edamame, Salt													Soya	
Karaage		Cereals containing gluten (wheat)		Eggs (Wasabi ceasar)	Fish		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)		May contain Peanuts		Soya	
Shake tataki					Fish							Sesame	Soya	
Ebi nigiri		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)						Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts	Sesame (Soy sesame)	Soya (Table soy)	
Tuna nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya	
Tsukune				Eggs								Sesame	Soya	
Shake teriyaki					Fish								Soya (Teriyaki)	
Chocolate lolly				Eggs			Milk			Nuts (Hazelnut) (Hazelnut& chocolate)			Soya	

Group menu Ni ban			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Ni ban														
Edamame, Spicy												Sesame	Soya	
Broccoli									Mustard (Spicy goma)		May contain Peanuts	Sesame	Soya	
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs					Mustard (Miso aioli)		May contain Peanuts		Soya (Miso aioli)	
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)		May contain Peanuts	Sesame	Soya	
Hell's kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce, mixed sesame)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Ceviche kaburimaki	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Table soy)						Molluscs (Scallop)	Mustard (Wasabi)		May contain Peanuts		Soya (Table soy)	
Shake aioli kaburimaki		Cereals containing gluten (wheat) (Table soy)		Eggs (Miso aioli)	Fish				Mustard (Wasabi, Miso aioli)		May contain Peanuts	Sesame (Soy sesame)	Soya (Miso aioli, Soy sesame, Ikura, Table soy)	Sulphur Dioxide (Tsume soy)
Aka ebi			Crustaceans (Prawn)				Milk (Garlic butter)					Sesame	Soya	

Group menu San ban			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
San ban														
Grilled edamame												Sesame	Soya	
Shake tataki					Fish							Sesame	Soya	
Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya	
Wagyu bites		Cereals containing gluten (wheat) (Toast, Kizami wasabi)											Soya (Kizami wasabi)	
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce, mixed sesame)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Softshell house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Crab)	Eggs	Fish (Masago)				Mustard (Wasabi, Spicy sauce)		May contain Peanuts	Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)
Iberico secreto													Soya	
Black cod					Fish								Soya	
Chocolate lolly				Eggs			Milk			Nuts (Hazelnut) (Hazelnut&c hocolate)			Soya	

Group menu Yasai			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Yasai														
Edamame, Spicy												Sesame	Soya	
Cauliflower									Mustard (Black truffle goma)		May contain Peanuts	Sesame (Black truffle goma, Mixed sesame)	Soya (Black truffle goma)	
Green tartar bites		Cereals containing gluten (wheat) (Flat bread)							Mustard		May contain Peanuts	Sesame	Soya	
Nasu aburi nigiri		Cereals containing gluten (wheat) (Table soy, Kizami wasabi)							Mustard (Wasabi)		May contain Peanuts	Sesame (Yuzumiso)	Soya	Sulphur Dioxide
Aka piman nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)		May contain Peanuts		Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)
Inari		Cereals containing gluten (wheat)							Mustard (Wasabi)		May contain Peanuts	Sesame	Soya	
Mamma mia uramaki		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)		May contain Peanuts	Sesame (Soy sesame)	Soya (Soy sesame, Table soy)	
Imo yaki												Sesame (Sesame oil, Soy sesame)	Soya (Teriyaki, Soy sesame)	
Shishito yaki												Sesame	Soya	
Chocolate/Almond sorbet with Hazelnut/chocolate topping										Nuts (Almonds, Hazelnut)				

Group menu Sticks			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Sticks														
Edamame, Spicy												Sesame	Soya	
Broccoli									Mustard (Spicy goma)		May contain Peanuts	Sesame	Soya	
Karaage		Cereals containing gluten (wheat)		Eggs (Wasabi ceasar)	Fish		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)		May contain Peanuts		Soya	
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)		May contain Peanuts	Sesame	Soya	
Aigamo tsukune				Eggs									Soya	Sulphur Dioxide (Tsume soy)
Tsukune chili				Eggs					Mustard		May contain Peanuts	Sesame	Soya	
Buta yaki									Mustard (Yuzumiso)		May contain Peanuts	Sesame (Yuzumiso. Mixed sesame)	Soya	
Yagi yaki							Milk							
Chocolate lolly				Eggs			Milk			Nuts (Hazelnut) (Hazelnut& chocolate)			Soya	

Sauces			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request					
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Qp mayo				Eggs					Mustard		May contain Peanuts		Soya	
Sesame dressing									Mustard		May contain Peanuts	Sesame	Soya	
Spicy miso sauce												Sesame	Soya	
Spicy sauce for maki				Eggs					Mustard		May contain Peanuts	Sesame	Soya	
Supreme soy													Soya	
Sushi zu														
Shiso ginger sauce					Fish								Soya	
Stitake dipping sauce													Soya	
Table soy		Cereals containing gluten (wheat)											Soya	
Tamari													Soya	
Tatar sauce		Cereals containing gluten (wheat)		Eggs					Mustard		May contain Peanuts		Soya	
Teriyaki sauce													Soya	
Tsume soy													Soya	Sulphur Dioxide
Wasabi ceasar dressing				Eggs	Fish		Milk		Mustard		May contain Peanuts			
Yuzukosho mayo									Mustard		May contain Peanuts		Soya	
Yuzumiso sauce									Mustard		May contain Peanuts	Sesame	Soya	

