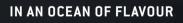
Gluten free

COME FOR A SWIM

20





All prices are inclusive of VAT. An optional service charge of 12.5% will be added to your bill.

À LA CARTE



CAULIFLOWER Fried & served with black truffle goma | 266 kcal £6.20



SEAWEED SALAD Seaweed, daikon, snow peas, cucumber & sesame dressing | 280 kcal £6.90



BEEF TATAKI Beef fillet with miso aïoli, spring onion, root vegetable chips, shiitake and truffle ponzu | 167 kcal £14



SHAKE TATAKI Salmon, daikon, cress & ponzu | 163 kcal £11



HOTATE CEVICHE Scallops, lime, chilli, coriander, red onion, celery & tiger's milk | 92 kcal £11.80

> HIRAMASA KATAIFI Hiramasa, chives, shiso, truffle oil & ponzu | 182 kcal £14



SALMON TARTARE Salmon, yuzu miso, spring onion, herbs, trout roe and lotus chips | 229 kcal £12.40

SHAKE CARPACCIO

Salmon, miso aïoli, trout roe, chives, daikon & lime marinade | 162 kcal $\pounds 10.60$



MAGURO TATAKI Seared tuna, yuzu-kosho, wafu dressing, soya sesame and daikon cress | 225 kcal £12.40





RICE PAPER Duck, pickled red onion, avocado & coriander served with goma | 293 kcal £10.60

> WAGYU TARTARE Japanese wagyu served with caviar [10 gr], spring onion and lotus chips | 144 kcal £32

GREEN TARTARE Grilled broccoli marrow, ginger, yuzu,avocado, coriander & lotus chips | 315 kcal £8



TUN TATAR BITES Tuna, avocado, sesame, miso, yuzu and spring onion on lotus chips | 247 kcal £12.20



BROCCOLI Grilled in supreme soy, served with spicy goma | 258 kcal £5.80



HORENSO NO GOMA Blanched spinach with soya sesame & goma dressing | 174 kcal £6



MISO SOUP Miso with tofu, spring onion, & wakame | 41 kcal £3



WAGYU BITES Wagyu tartare with shiso & spring onion and lotus chips | 128 kcal £21

Add on: EXMOOR CAVIAR. Royal Beluski [10 gr] 26 kcal | £21



KINOKO KATZU Blue oyster mushroom with soya panko, lime & chilli dip | 385 kcal £10.40



EDAMAME BEANS Grilled, supreme soy & soya sesame. 198 kcal | £5 Sea salt & lemon. 99 kcal | £5 Spicy miso & sesame. 150 kcal | £5

SASHIMI



SHAKE Salmon. 143 kcal | £8.60

MAGURO Yellowfin tuna. 115 kcal | £10.80



HIRAMASA Yellowtail kingfish. 193 kcal | £14.20



SUSHI SISTER

MAGURO TARTARE. Tuna, avocado, sesame, miso, yuzu, spring onion and lotus chips SHAKE CARPACCIO. Salmon, miso aïoli, trout roe, chives, daikon & lime marinade MAGURO TATAKI. Seared tuna, yuzu-kosho, wafu dressing, soya sesame and daikon cress HIRAMASA KATAIFI. Hiramasa, chives, shiso, truffle oil & ponzu HOTATE CEVICHE. Scallops, lime, chilli, coriander, red onion, celery & tiger's milk SHAKE TATAKI. Salmon, daikon, cress & ponzu

529 kcal | £45



SASHIMI MIX Salmon, yellowfin tuna and hiramasa | 244 kcal £19.60

NIGIRI



TOKYO NON-STOP NIGIRI. Seared salmon, avocado, tuna and seared yellowtail kingfish, topped with Exmoor Caviar – Royal Beluski [10 gr] 286 kcal | £32



KYOTO NON-STOP NIGIRI. Portobello mushroom, avocado, seared aubergine and grilled red pepper 326 kcal | £12.60

TAMAGO. Omelette. 41 kcal | £2.80 / 2 pcs 73 kcal | £5 EBI. Shrimp. 44 kcal | £3.30 / 2 pcs 80 kcal | £6.20 ABOKADO. Avocado, yuzu-kosho & soya sesame. 87 kcal | £2.90 / 2 pcs 166 kcal | £5 MAGURO. Yellowfin tuna. 49 kcal | £3.50 / 2 pcs 90 kcal | £6.60 SHAKE. Salmon. 54 kcal | £2.70 / 2 pcs 100 kcal | £5.20 SHAKE YAKI. Seared salmon. 59 kcal | £2.80 / 2 pcs 111 kcal | £5.40 KINOKO. Portobello mushroom & lime salt. 74 kcal | £3 / 2 pcs 140 kcal | £5.80 HOTATE YAKI. Seared scallops. 64 kcal | £4 / 2 pcs 120 kcal | £7.80 NASU ABURI. Seared aubergine, & yuzu-miso. 72 kcal | £2.80 / 2 pcs 135 kcal | £5 AKA PIMAN. Grilled red pepper & yuzu-kosho. 50 kcal | £2.80 / 2 pcs 92 kcal | £5.40 HIRAMASA YAKI. Seared yellowtail kingfish. 65 kcal | £3.70 / 2 pcs 121 kcal | £7.20 SHAKE NEW YORK. Salmon with garlic. 54 kcal | £2.80 / 2 pcs 100 kcal | £5.20 HIRAMASA.Yellowtail kingfish. 62 kcal | £3.50 / 2 pcs 115 kcal | £5.20

Gluten free

À LA CARTE IS YOUR OPPORTUNITY TO PUT TOGETHER SOME OF YOUR FAVOURITES.

HOWEVER, IF YOU ASK US "WHAT IS THE PERFECT COMBINATION?"

OUR ANSWER WOULD BE:

AS GOOD AS IT GETS

EDAMAME. Beans, grilled with soya & sesame CAULIFLOWER. Fried & served with black truffle goma KINOKO KATZU. Blue oyster mushroom with soya panko, lime & chilli dip WAGYU BITES. Wagyu tartare with shiso, spring onion and lotus chips MAGURO TARTARE. Tuna, avocado, sesame, miso, yuzu, spring onion and lotus chips SHAKE CARPACCIO. Salmon, miso aïoli, trout roe, chives, daikon & lime marinade TUNA TATAKI. Seared tuna, yuzu-kosho, wafu dressing, soya sesame and daikon cress HIRAMASA KATAIFI. Hiramasa, chives, shiso, truffle oil & ponzu HOTATE CEVICHE. Scallops, lime, chilli, coriander, red onion, celery & tiger's milk SHAKE TATAKI. Salmon, daikon, cress & ponzu AKA EBI HOUSE ROLL. Argentinian red shrimp, spicy gochujang, avocado, snow peas, miso aïoli & trout roe HELL'S KITCHEN. Shrimp, avocado, miso aïoli & cucumber, topped with tuna & barbecue EBI PANKO. Shrimp, avocado, miso aïoli & cucumber, topped with avocado GINDARA NO MISO. Black Cod & miso

AIGAMO TSUKUNE. Grilled duck meatball with egg yolk in surpreme soy

For 2 people 2296 kcal | £115 [For 3 people 3661 kcal | £168]

SPOIL YOURSELF

EXMOOR CAVIAR. Royal Beluski [10 gr] 26 kcal | £21



MAKI



HOUSE ROLLS 4 pcs of each roll

SOFTSHELL. Crispy softshell crab with masago & spicy sauce. 255 kcal | £14.90 WAGYU. Wagyu tartare with tsume soy & spring onion. 243 kcal | £18 AKA EBI. Argentinian red shrimp, spicy gochujang, avocado, snow peas, miso aioli & trout roe. 189 kcal | £14.10

RED'N'GREEN. Roasted pepper, avocado, cucumber, yuzu-kosho, shiso & tsume. 153 kcal | £12.50 BLACK COD. Miso-marinated black cod with vegetable chips & pickled red onion. 275 kcal | £15.20 MAGURO TEMPURA. Avocado, cucumber, spicy tuna, spring onion, masago & chives. 223 kcal | £12.90 FULL HOUSE - All 6 House rolls. 1265 kcal | £78.50

URAMAKI 8 pcs of each roll



NANBAN Chicken, avocado, coriander, soya sesame & yuzu-kosho. 506 kcal|£13



MAMMA MIA Avocado, cucumber, soya sesame & chives. 288 kcal |£9.50





CALIFORNIA Shrimp, avocado, cucumber, masago, sesame & miso aïoli. 314 kcal | £10.80

SPICY TUNA Tuna, cucumber, spicy sauce, masago & herbs. 379 kcal | £11.10

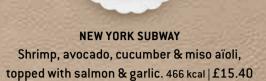


PINK ALASKA Salmon, avocado, cream cheese & lumpfish roe. 336 kcal | £10.20

KABURIMAKI 8 pcs of each roll



EBI PANKO Shrimp, avocado, cucumber & miso aïoli, topped with avocado. 390 kcal | £13.80





Pickled red onion, avocado & cucumber, topped with scallops, lime & coriander cress. 309 kcal | £15.40





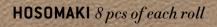


SHAKE AÏOLI Snow peas, avocado, miso aïoli & cucumber, topped with seared salmon & trout roe. 409 kcal|£14.80 CHIRASHI MAKI Seared fish, spicy sauce, snow peas, ginger, chilli & pickled red onion. 289 kcal | £10



MAKI MAKI menu

KABURIMAKI. Hell's Kitchen, Ceviche, Ebi Panko and Shake Aïoli. For 2 people 1570 kcal | £52 MINI MAKI MAKI. 4 pcs of each roll. 792 kcal | £26



ABOKADO MAKI. Avocado. 205 kcal | £5.80 SHAKE MAKI. Salmon. 189 kcal | £5.80 KAPPA MAKI. Cucumber. 139 kcal | £5.20

Gluten free

STICKS

GYU HABU Beef filet with miso herb butter 96 kcal | £8 / 2 pcs 192 kcal | £15.60

TSUKUNE CHILLI Chicken meatballs, chilli dip, teriyaki & spring onions. 170 kcal | £3.50 / 2 pcs 340 kcal | £6.80

> TEBASAKI Chicken wings & lemon 104 kcal | £3.10 / 2 pcs 208 kcal | £6

> TSUKUNE Chicken meatballs & teriyaki 139 kcal | £3.20 / 2 pcs 278 kcal | £6

ERINGI King oyster mushroom & miso herb sauce 88 kcal | £4 / 2 pcs 176 kcal | £7.80

> MATR CHILLI MATR Fungi food, chilli dip, teriyaki & spring onions 108 kcal | £3.20 / 2 pcs 216 kcal | £6

IMO YAKI Sweet potato, coriander cress & teriyaki 56 kcal | £2.80 / 2 pcs 112 kcal | £5.20

> SHISHITO YAKI Padron peppers, spicy gochujang, tsume & lime sauce 72 kcal | £3.50 / 2 pcs 144 kcal | £6.80

SANBIKI

Three of our finest sticks from the grill. Iberico Secreto, Gindara no Miso and Wagyu Yaki. 1 of each stick | 409 kcal £ 33 2 of each stick | 818 kcal £ 66

Gluten free

WAGYU YAKI Japanese Wagyu from Kyushu 159 kcal | £17 / 2 pcs 318 kcal | £33.60

> IBERICO SECRETO Miso cured black Iberian pig with lemon 136 kcal | £7.50 / 2 pcs 272 kcal | £14.80

> BUTA YAKI Organic free-range pork with yuzu-miso 143 kcal | £4.30 / 2 pcs 286 kcal | £8.40

CHIIZU MAKI Emmental cheese wrapped in bacon 188 kcal | £3.80 / 2 pcs 376 kcal | £7.40

YAKI YAGI Goat's cheese wrapped in cured ham 110 kcal | £4.10 / 2 pcs 220 kcal | £8

HOTATE BACON Scallops & bacon with miso herb butter 145 kcal | £6.10 / 2 pcs 290 kcal | £12

AKA EBI Argentinian red shrimp, spicy gochujang & garlic butter 70 kcal | £8.20 / 2 pcs 140 kcal | £16

GINDARA NO MISO Black cod & miso 114 kcal | £11.50 / 2 pcs 228 kcal | £22

SHAKE TERIYAKI Salmon, teriyaki & spring onion 78 kcal | £3.30 / 2 pcs 156 kcal | £6.40

RICE. 162 kcal | £2.60 With teriyaki | 221 kcal or chilli dip | 337 kcal £3.90

> AIGAMO TSUKUNE Grilled duck meatball with egg yolk in supreme soy 129 kcal | £6 / 2 pcs 247 kcal | £11.80



3 3



MENUS

GREENKEEPER

SEAWEED SALAD. Seaweed, daikon, snow peas, cucumber & sesame dressing KINOKO KATZU. Blue oyster mushroom with soya panko, lime & chilli dip GREEN TARTARE. Grilled broccoli marrow, ginger, yuzu, avocado, coriander & lotus chips MAMMA MIA. Avocado, cucumber, soya sesame & chives KINOKO. Portobello mushroom & lime salt AKA PIMAN. Grilled red pepper NASU ABURI. Seared aubergine, yuzu-miso & kizami wasabi IMO YAKI. Sweet potato, coriander cress & teriyaki MATR CHILLI. MATR Fungi food, chilli dip, teriyaki & spring onions

1261 kcal|£30

CARPE DIEM

BROCCOLI. Grilled in supreme soy, served with spicy goma KINOKO KATZU. Blue oyster mushroom with soya panko, lime & chilli dip CAULIFLOWER. Fried & served with black truffle goma TUNA TARTARE BITES. Tuna, avocado, sesame, miso, yuzu and spring onion on lotus chips SHAKE CARPACCIO. Salmon, miso aïoli, trout roe, chives, daikon & lime marinade NANBAN. Chicken, avocado, coriander & spicy yuzu-kosho PINK ALASKA. Salmon, avocado, cream cheese & lumpfish roe EBI PANKO. Shrimp, avocado, cucumber & miso aïoli, topped with avocado HELL'S KITCHEN. Shrimp, avocado, cucumber & miso aïoli, topped with tuna & barbecue YAKI YAGI. Goat's cheese with cured ham TSUKUNE CHILI. Chicken meatballs, chilli dip, teriyaki & spring onions HOTATE BACON. Scallops & bacon with miso herb butter

> For 2 people 3005 kcal | £93 [For 3 people 4562 kcal | £138]



FOUR MEAL DRIVE

SHAKE YAKI. Seared salmon. MAGURO. Yellowfin tuna. EBI. Shrimp. SHAKE. Salmon NANBAN. Chicken, avocado, coriander, soya sesame & spicy yuzu-kosho PINK ALASKA. Salmon, avocado, cream cheese & lumpfish roe SPICY TUNA. Tuna, cucumber, spicy sauce, masago & herbs EBI PANKO. Shrimp, avocado, cucumber & miso aïoli HELL'S KITCHEN. Shrimp, avocado, cucumber & miso aïoli, topped with tuna & barbecue SHAKE AÏOLI. Snow peas, avocado, miso aïoli & cucumber, topped with seared salmon & trout roe CHIRASHI. Seared fish, spicy sauce, snow peas, ginger, chilli & pickled red onion

For 4 people 3419 kcal | £124

PERFECT DAY

EDAMAME. Soya beans with sea salt SHAKE TATAKI. Salmon, daikon & ponzu KINOKO KATZU. Blue oyster mushroom with soya panko, lime & chilli dip NIGIRI SHAKE YAKI. Seared salmon NIGIRI MAGURO. Yellowfin tuna NIGIRI ABOKADO. Avocado, yuzu-kosho & sesame PINK ALASKA. Salmon, avocado, cream cheese & lumpfish roe SPICY TUNA. Tuna, cucumber, spicy sauce, masago & herbs RICE PAPER. Duck, pickled red onion, avocado & coriander served with goma BUTA YAKI. Organic free-range pork with yuzu-miso SHAKE TERIYAKI. Salmon, teriyaki & spring onion TSUKUNE. Chicken meatballs & teriyaki

> For 2 people 2763 kcal | £82 [For 3 people 3920 kcal | £117]

DUCK, SALMON & FRIENDS

Gluten free

NIGIRI SHAKE. Salmon PINK ALASKA. Salmon, avocado, cream cheese & lumpfish roe SPICY TUNA. Tuna, cucumber, spicy sauce, masago & herbs EBI PANKO. Shrimp, avocado, cucumber & miso aïoli, topped with avocado RICE PAPER. Duck, pickled red onion, avocado, cucumber & coriander served with goma 804 kcal | £25

ROBUST

EDAMAME. Soya beans with spicy miso KINOKO KATZU. Blue oyster mushroom with soya panko, lime & chilli dip BROCCOLI. Grilled in supreme soy, served with spicy goma. ERINGI. King oyster mushroom & miso herb sauce BUTA YAKI. Organic free-range pork with yuzu-miso TSUKUNE CHILI. Chicken meatballs, chilli dip, teriyaki & spring onions YAKI YAGI. Goat's cheese with cured ham AIGAMO TSUKUNE. Grilled duck meatball with egg yolk in surpreme soy 1228 kcal | £36



MIXED EMOTIONS

EDAMAME. Soya beans with sea salt & lemon KINOKO KATZU. Blue oyster mushroom with soya panko, lime & chilli dip SHAKE TATAKI. Salmon, daikon & ponzu NIGIRI SHAKE. Salmon. NIGIRI MAGURO. Yellowfin tuna PINK ALASKA. Salmon, avocado, cream cheese & lumpfish roe SPICY TUNA. Tuna, cucumber, spicy sauce, masago & herbs CHIRASHI. Seared fish, spicy sauce, snow peas, ginger, chilli & pickled red onion TSUKUNE. Chicken meatballs & teriyaki SHAKE TERIYAKI. Salmon, teriyaki & spring onion 921 kcal | £29.80

HIRAMASA KAMA

Hiramasa collar with sea salt & lemon, served with miso soup & rice [Limited availability] 373 kcal $|\, \pounds 26$

SALADS



GREEN GATE

Grilled sweet potato, cauliflower & portobello mushroom on a bed of green leaf salad, red cabbage, quinoa, tomatoes, avocado, edamame, radish, broccoli, and sesame. Topped with root vegetable chips and dressed in goma. 647 kcal | £17



JUNGLE FISH

Grilled salmon, shrimp and seared tuna, on a bed of green leaf salad, red cabbage, quinoa, tomatoes, avocado, edamame, radish, broccoli & sesame. Topped with lotus chips and dressed in miso-mustard. 623 kcal | £19



GREEN BIRD

Marinated chicken and soya egg on a salad of green leaves, red cabbage, quinoa, tomatoes, edamame, radish, broccoli & sesame. Topped with crispy chicken skin & wasabi caeser. 894 kcal | £17.80

CHIRASHI



BEAUTIFUL MESS Salmon, avocado, snow peas, edamame, pickled red onion, sushi rice & poké sauce. 453 kcal | £14.50

OSAKA CHAOS Salmon, tuna, shrimp, tamago, avocado, shiitake, snow peas, trout roe, cress & sushi rice. 471 kcal | £18



STICKSINISUSHI