

À LA CARTE - Page 1.



STICKS N SUSHI

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Beef tataki							Milk Smoked cheese					Sesame seeds	Soya Goma shiro + tosazu gel	
Broccoli												Sesame seeds Sesame oil + goma shiro	Soya Supreme soy + goma shiro	
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard Wasabi caesar dressing					
Suzuki kataifi		Cereals containing gluten (wheat) Kataifi			Fish								Soya Ponzu + kataifi	
Daikon Shake		Cereals containing gluten (wheat) Soya marinated salmon			Fish		Milk Lumpfish cream					Sesame seeds Wafu dressing	Soya Wafu dressing + soya marinated salmon	
Shake tataki		Cereals containing gluten (wheat) Kizami wasabi			Fish							Sesame seeds Sesame oil	Soya Ponzu + kizami wasabi	
UK/DE: Miso soup DK: Misosuppe													Soya	

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Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
UK/DE: Rice paper DK: Rispapir				Eggs Goma classic					Mustard Goma classice			Sesame seeds Goma classic	Soya	
Yasai Sticks	Celery Celery											Sesame seeds Miso dip	Soya Miso dip	
Edamame Beans/Bønner (Grilled/Gegrillt)		Cereals containing gluten (wheat) Soya sesame										Sesame seeds Sesame oil + soya sesame	Soya	
Edamame Beans/Bønner (Spicy)												Sesame seeds	Soya	
Edamame Beans/Bønner (Salted/Meersalz)													Soya	
UK/DE: Tuna tartare DK: Tuntatar	Celery Mix	Cereals containing gluten (wheat) Soya sesame			Fish				Mustard Yuzu miso sauce			Sesame seeds Soya sesame + yuzu miso sauce	Soya Soya sesame + yuzu miso sauce	
Kimchee													Soya	
Hiramasa kama					Fish								Soya Miso soup	
UK/DE: Seaweed salad DK: Tangalat		Cereals containing gluten (wheat) Soya sesame										Sesame seeds Soya sesame + sesame oil		

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Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
UK/DE: Cauliflower DK: Blomkål												Sesame seeds Mixed seasme + goma kuro	Soya Goma kuro	
Hotate Kataifi		Cereals containing gluten (wheat)		Eggs	Fish Trout roe			Molluscs (Scallop)	Mustard Miso aioli				Soya	
Oscietra rossini					Fish									
Wagyu tartare		Cereals containing gluten (wheat) Kizami wasabi			Fish Caviar								Soya Kizami wasabi	
Shake Carpaccio	Celery Lime marinade			Eggs Miso aioli	Fish				Mustard Miso aioli				Soya Miso aioli	
UK/DE: Ebi Bites DK: Ebi hapser		Cereals containing gluten (wheat)	Crustaceans (Shrimp)	Eggs					Mustard Miso aioli				Soya Miso aioli	
UK/DE: Jerusalem artichoke DK: Jordskokker													Soya Vegan aioli	
Hotate Ceviche	Celery				Fish			Molluscs (Scallop)						
UK/DE: Spicy miso soup DK: Spicy misosuppe		Cereals containing gluten (wheat) Crunchy chili sauce			Fish Salmon					Nuts Crunchy chilli sauce			Soya	

Sashimi



STICKS N SUSHI

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Shake		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soy + supreme soya	
Maguro		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soy + supreme soya	
Saba		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soy + supreme soya	
Hamachi		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soy + supreme soya	
Sashimi mix		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soy + supreme soya	

UK/DE: Sushi sister DK: Sushi søster	Celery Crunchy wafu dressing + lime marinade + mix	Cereals containing gluten (wheat) Table soy + kataifi + soya salmon + kizami wasabi	Crustaceans (Shrimp) Sushi shrimp	Eggs Miso aioli + tamago	Fish		Milk Lumpfish cream	Molluscs (Scallop)	Mustard Wasabi + crunchy wafu dressing + oki ebi			Sesame seeds Sesame oil + sesame seeds + black sesame seeds	Soya Table soy + ponzu + crunchy wafu dressing + wafu + kizami wasabi + oki ebi + kataifi + tsume soya supreme soya	
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Nigiri - Page 1.



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Shake yaki		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya + tsume soya	
Hiramasa		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya	
Eringi		Cereals containing gluten (wheat) Table soya											Soya Table soya	
Ebi		Cereals containing gluten (wheat) Table soya	Crustaceans (Prawns)						Mustard Wasabi				Soya Table soya	
Hotate yaki	Celery Lime-marinate	Cereals containing gluten (wheat) Table soya			Fish Masago			Molluscs (Scallop)	Mustard Wasabi				Soya Table soya + tsume soya	
Sayendo		Cereals containing gluten (wheat) Table soya							Mustard Wasabi				Soya Table soya	
Maguro		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya	
Abokado		Cereals containing gluten (wheat) Table soya + soya sesame							Mustard Wasabi			Sesame seeds Soya sesame	Soya Table soya + soya sesame+ tofu aioli	
Smoky shake		Cereals containing gluten (wheat)			Fish			Milk Lumpfish cream	Mustard Wasabi				Soya	

Nigiri page 2.



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Shima suzuki		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya	
Aspara		Cereals containing gluten (wheat) Table soya + soya sesame							Mustard Wasabi			Sesame seeds Soya sesame	Soya Table soya + soya sesame	
Saba		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya	
Shake NY		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya	
Tamago		Cereals containing gluten (wheat) Table soya		Eggs					Mustard Wasabi				Soya Table soya	
Inari		Cereals containing gluten (wheat)			Fish Trout roe				Mustard Wasabi			Sesame seeds Mixed sesame	Soya Shitake	
Hiramasaki yaki		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya + tsume soya	
Shake		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya	
SPECIAL NIGIRI														
Oki ebi		Cereals containing gluten (wheat) Table soya	Crustaceans (Prawns)						Mustard			Sesame seeds Black sesame seed	Soya	

Gunkan



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Edamame		Cereals containing gluten (wheat) Table soya							Mustard Wasabi				Soya	
Ikura		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya	
Black cod		Cereals containing gluten (wheat) Table soya + soya sesame			Fish				Mustard Wasabi			Sesame seeds Soya sesame	Soya	

Maki - Page 1.

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
HOSOMAKI														
Shake		Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya	
Kappa		Cereals containing gluten (wheat) Table soya							Mustard Wasabi				Soya Table soya	
Avocado		Cereals containing gluten (wheat) Table soy							Mustard Wasabi				Soya Table soya	
HOSOMAKI INSIDE-OUT														
Shake kyuri		Cereals containing gluten (wheat) Table soya		Eggs Miso aioli	Fish				Mustard Wasabi + miso aioli			Sesame seeds Black sesame	Soya Table soya + miso aioli	
Ebi hot		Cereals containing gluten (wheat) Table soya	Crustaceans (Prawn)	Eggs Spicy sauce for maki					Mustard Wasabi + spicy sauce for maki			Sesame seeds Black sesame + spicy sauce for maki	Soya Table soya + spicy sauce for maki	
Green maki		Cereals containing gluten (wheat) Table soya + crunchy chili sauce								Nuts (Almonds) Crunchy chilli sauce		Sesame seeds Black sesame + crunchy chilli sauce	Soya Table soya + crunchy chilli sauce + tofu aioli	
URAMAKI														
Pink alaska		Cereals containing gluten (wheat) Table soya			Fish		Milk Cream cheese		Mustard Wasabi				Soya Table soya	
California		Cereals containing gluten (wheat) Table soya	Crustaceans (Prawn)	Eggs Miso aioli	Fish Masago				Mustard Wasabi + miso aioli			Sesame seeds Mix sesame	Soya Table soya + miso aioli	
Mamma mia		Cereals containing gluten (wheat) Table soya + soya sesame							Mustard Wasabi			Sesame seeds Soya sesame	Soya Table soy + soy sesame	
Spicy tuna		Cereals containing gluten (wheat) Table soya + spicy tuna sauce + kataifi		Eggs Miso aioli	Fish				Mustard Wasabi + miso aioli				Soya Table soya + miso aioli + spicy tuna sauce + kataifi	
Crispy ebi		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs					Mustard Wasabi + spicy sauce for maki			Sesame seeds Mix sesame + spicy sauce for maki	Soya Table soya + spicy sauce for maki	

Maki - Page 2.



STICKS N SUSHI

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
KABURIMAKI														
Shake aïoli		Cereals containing gluten (wheat) Table soya + soya sesame		Eggs Miso aioli	Fish				Mustard Wasabi + miso aioli			Sesame seeds Soya sesame	Soya Table soya + soya sesame + miso aioli + tsume soy	
Ebi panko		Cereals containing gluten (wheat)	Crustacean (Prawns)	Eggs					Mustard Wasabi + spicy sauce for maki			Sesame seeds Spicy sauce for maki + mixed sesame	Soya Table soya + tsume soy + spicy sauce for maki	
Hell's kitchen	Celery BBQ sauce	Cereals containing gluten (wheat)	Crustacean (Prawns)	Eggs	Fish				Mustard Wasabi + spicy sauce for maki			Sesame seeds Spicy sauce for maki	Soya Table soya + spicy sauce for maki	
New York subway		Cereals containing gluten (wheat)	Crustacean (Prawns)	Eggs	Fish				Mustard Wasabi + spicy sauce for maki			Sesame seeds Spicy sauce for maki	Soya Table soya + spicy sauce for maki	
Rainbow		Cereals containing gluten (wheat) Table soya	Crustaceans (Prawns) Sushi ebi	Eggs Miso aioli	Fish				Mustard Wasabi + miso aioli				Soya Table soya + miso aioli	
Ceviche	Celery Lime marinade	Cereals containing gluten (wheat) Table soya			Fish				Mustard Wasabi				Soya Table soya	

Maki - Page 3.

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
FUTOMAKI														
Gypsy roll		Cereals containing gluten (wheat) Table soya + soya cured salmon		Eggs Spicy sauce for maki	Fish				Mustard Wasabi + spicy sauce for maki			Sesame seeds Spicy sauce for maki + sesame oil + seared fish	Soya Table soya + tsume soy + spicy sauce for maki + soy cured salmon	
Crunchy chicken		Cereals containing gluten (wheat) Table soya + crunchy chili		Eggs Spicy sauce for maki			Milk Smoked chesse		Mustard Wasabi	Nuts (Almonds) Crunchy chili sauce		Sesame seeds Crunchy chili sauce	Soya Table soya + crunchy chili sauce + tsume soy	
Garden roll	Celery Mix + lime marinade	Cereals containing gluten (wheat) Table soya							Mustard Wasabi			Sesame seeds Sesame oil	Soya Table soya + tsume soy	
Black cod daikon		Cereals containing gluten (wheat) Table soya			Fish		Milk Cream cheese		Mustard Wasabi				Soya	
Wagyu Maki		Cereals containing gluten (wheat) Table soya + kizami wasabi + kataifi							Mustard Wasabi				Soya Kizami wasabi + tsume soy + kataifi	

Sticks - Page 1.

	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Aspara maki														
Koushi habu							Milk Miso herb butter						Soya Miso herb butter	
Yaki yagi							Milk							
Ramu yagi		Cereals containing gluten (wheat) Yakiniku sauce					Milk Yakiniku sauce					Sesame seeds Yakiniku sauce	Soya Yakiniku sauce	
Buta yaki		Cereals containing gluten (wheat)							Mustard Yuzu miso sauce			Sesame seeds Mixed sesame + yuzu miso	Soya	
Ika tori				Eggs				Molluscs	Mustard Miso ailoli				Soya	
Apara wafu	Celery Chunky wafu											Sesame seeds Sesame oil + chunky wafu	Soya Chunky wafu	
Eringi							Milk Miso herb butter					Sesame seeds Sesame oil	Soya Supreme soya + miso herb butter	
Imo yaki		Cereals containing gluten (wheat) Soya sesame										Sesame seeds Sesame oil + soya sesame	Soya Teriyaki sauce + soya sesame	

Sticks - Page 2.



STICKS N SUSHI

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Momo chili				Eggs Chilli dip					Mustard Chilli dip				Soya Teriyaki sauce	
Tebasaki														
Tsukune				Eggs								Sesame seeds	Soya	
Kushi katzu		Cereals containing gluten (wheat)		Eggs	Fish Wasabi caesar dressing		Milk Wasabi caesar dressing		Mustard Wasabi caesar dressing					
Aigamo													Soya Teriyaki sauce	
Shake teriyaki					Fish								Soya Teriyaki sauce	
Hotate bacon							Milk Miso herb butter	Molluscs (Scallop)					Soya Miso herb butter	
Gindara no miso					Fish								Soya	
Chiizu maki							Milk							
Wagyu yaki														
Rice														
Kimchee													Soya	

Menus - Page 1.

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Nana-Ban	Celery Lime marinade	Cereals containing gluten (wheat) Table soya	Crustaceans (Prawn) Sushi ebi	Egg soya sesame	Fish			Molluscs Hotate Yaki	Mustard Wasabi			Sesame seeds Soya sesama	Soya Table soya + tsume soy + tofu aioli	
UK/DE: Fireworks DK: Festival	Celery Mix + lime marinade	Cereals containing gluten (wheat) Tempura ebi +	Crustaceans (Prawn) Tempura ebi	Eggs	Fish		Milk Cream cheese + wasabi caesar + yakiniku sauce		Mustard			Sesame seeds	Soya	
UK/DK: Pay day DE: What are we celebrating?	Celery Bbq sauce	Cereals containing gluten (wheat)	Crustaceans (Prawn) Oki ebi + tempura ebi	Eggs Miso aioli + spicy sauce for maki + tempura ebi	Fish		Milk Miso herb butter + yakiniku sauce + smoke chesse	Molluscs Hotate bacon + hotate kataifi	Mustard Spicy sauce for maki + miso aioli + wasabi + oki ebi			Sesame seeds	Soya	
Perfect day		Cereals containing gluten (wheat)	Crustaceans (Prawn) Tempura ebi + kani korokke + kataifi	Eggs	Fish		Milk Kani korokke + wasabi caesar dressing		Mustard Goma classic + wasabi caesar + wasabi + miso aioli + spicy sauce for maki			Sesame seeds	Soya	
Four meal drive	Celery BBQ sauce	Cereals containing gluten (wheat) Table soya + tempura prawn + kataifi + spicy tuna sauce	Crustaceans (Prawn) Tempura ebi + sushi ebi	Eggs Miso aioli + spicy sauce for maki + tempura shrimp	Fish		Milk Cream cheese		Mustard Wasabi + spicy sauce for maki + miso aioli			Sesame seeds	Soya	
UK/DE: Mixed emotions DK: Blandede følelser		Cereals containing gluten (wheat)	Crustaceans (Prawns) Sushi ebi	Eggs	Fish		Milk Cream cheese		Mustard Wasabi + miso aioli + yuzu miso sauce			Sesame seeds	Soya	

Menus - Page 2.



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Robust		Cereals containing gluten (wheat)		Eggs	Fish Wasabi caesar dressing		Milk Wasabi caesar dressing + miso herb butter		Mustard Wasabi caesar dressing + chilli dip + yuzu miso sauce + miso aioli			Sesame seeds Broccoli + mix sesame + goma shiro	Soya	
UK/DE: Table for two/sushi DK: Bord til to/sushi		Cereals containing gluten (wheat) Table soya + Inari + kataifi + spicy tuna sauce	Crustaceans (Prawn) Sushi ebi	Eggs Spicy sauce for maki + miso aioli	Fish		Milk Cream cheese		Mustard Wasabi + spicy sauce for maki + miso aioli			Sesame seeds Mixed sesame + sesame oil + spicy sauce for maki	Soya	
UK/DE: Duck, salmon & friends DK: Anden, laksen & deres venner		Cereals containing gluten (wheat)	Crustaceans (Prawn) Tempura ebi	Eggs Spicy sauce for maki + goma classic + miso aioli + tempura ebi	Fish		Milk Cream cheese		Mustard Wasabi + goma classic + miso aioli			Sesame seeds	Soya	
UK/DE: Salmon OD DK: Laks OD	Celery Wafu	Cereals containing gluten (wheat) Table soya + soya salmon + kizami wasabi			Fish		Milk Cream cheese + lumpfish cream		Mustard Wasabi + miso aioli + chillidip			Sesame seeds Sesame oil + black sesame + kizami wasabi + wafu	Soya	
Ebi kit	Celery BBQ sauce	Cereals containing gluten (wheat)	Crustaceans (Prawns)	Egg	Fish				Mustard Wasabi + spicy sauce for maki			Sesame seeds Spicy sauce for maki + mixed sesame	Soya Table soya + tsume soy + spicy sauce for maki	
Maki maki	Celery Lime marinade + BBQ sauce + mix	Cereals containing gluten (wheat)	Crustaceans (Prawn) Tempura ebi	Eggs	Fish				Mustard Wasabi + spicy sauce for maki + miso aioli			Sesame seeds	Soya	

Salads

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Green bird salad/salat				Eggs Soya egg + goma classic					Mustard Goma classic	Nuts (Almonds) Soya almonds		Sesame seeds Broccoli + goma classic	Soya	
Osaka chaos/kaos		Cereals containing gluten (wheat) Table soya + soya sesame	Crustaceans (Prawn) Sushi ebi	Eggs Tamago	Fish				Mustard Wasabi			Sesame seeds Soya sesame + supreme soya	Soya	
Green grass salad/salat									Mustard Yuzu vinaigrette + mar - tomato	Nuts (Hazel nuts)		Sesame seeds Sesame oil + broccoli	Soya	
Green fish salad/salat	Celery Chunky wafu	Cereals containind gluten (wheat) Soya sesame		Eggs Miso mustard	Fish		Milk Cheese		Mustard Miso mustard			Sesame seeds Sesame oil + soya sesame + chunky wafu	Soya	
UK/DE: Small chaos DK: Lille kaos		Cereals containing gluten (wheat) Table soya + soya sesame			Fish				Mustard Wasabi			Sesame seeds Soya sesame	Soya Table soya + soya sesame	

From the Green Kitchen page 1.

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Edamame gunkan		Cereals containing gluten (wheat) Table soya							Mustard Wasabi				Soya	
Aspara		Cereals containing gluten (wheat) Table soya + soya sesame							Mustard Wasabi			Sesame seeds Soya sesame	Soya Table soya + miso herb butter	
Inari		Cereals containing gluten (wheat)							Mustard Wasabi			Sesame seeds Mixed sesame	Soya Shitake	
Sayendo		Cereals containing gluten (wheat) Table soya							Mustard Wasabi				Soya Table soya	
Eringi		Cereals containing gluten (wheat) Table soya											Soya Table soya	
Abokado		Cereals containing gluten (wheat) Table soya + soya sesame							Mustard Wasabi			Sesame seeds Soya sesame	Soya Table soya + soya sesame+ tofu aioli	
UK/DE: Seaweed salad DK: Tangsalat		Cereals containing gluten (wheat) Soya sesame										Sesame seeds Soya sesame + sesame oil		
Green grass salad									Mustard Yuzu vinaigrette + mar - tomato	Nuts (Hazel nuts)		Sesame seeds Sesame oil + broccoli	Soya	
Rice/Ris														
UK/DE: Cauliflower DK: Blomkål												Sesame seeds Mixed sesame + goma kuro	Soya Goma kuro	
UK/DE: Jerusalem artichoke DK: Jordskokker													Soya Tofu aioli	
UK/DE: Spicy green miso DK: Spicy misosuppe		Cereals containing gluten (wheat) Crunchy chili sauce							Mustard Coriander cress				Soya	
UK/DE: Miso soup DK: Misosuppe													Soya	

From the Green Kitchen page 2.

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Greenkeeper	Celery Lime marinade + chunky wafu	Cereals containing gluten (wheat) Table soya + soya sesame							Mustard Wasabi			Sesame seeds	Soya	
Eringi												Sesame seeds Sesame oil	Soya Supreme soya + miso herb butter	
Apara wafu	Celery Chunky wafu											Sesame seeds Sesame oil + chunky wafu	Soya Chunky wafu	
Imo yaki		Cereals containing gluten (wheat) Soya sesame										Sesame seeds Sesame oil + soya sesame	Soya Toriyaki sauce + soya sesame	
Kappa		Cereals containing gluten (wheat) Table soya							Mustard Wasabi				Soya Table soya	
Avocado		Cereals containing gluten (wheat) Table soya							Mustard Wasabi				Soya Table soya	
Garden roll	Celery Mix + lime marinade	Cereals containing gluten (wheat) Table soya							Mustard Wasabi			Sesame seeds Sesame oil	Soya Table soya + tsume soy	
Mamma mia		Cereals containing gluten (wheat) Table soya + soya sesame							Mustard Wasabi			Sesame seeds Soya sesame	Soya Table soya + soya sesame	
Green maki		Cereals containing gluten (wheat) Table soya + crunchy chilli sauce								Nuts (Almonds) Crunchy chilli sauce		Sesame seeds Black sesame + crunchy chilli sauce	Soya Table soya + crunchy chilli sauce + tofu aioli	

From the Green Kitchen page 3.



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Yasai Sticks	Celery Celery											Sesame seeds Miso dip	Soya Miso dip	
Broccoli												Sesame seeds Sesame oil + goma shiro	Soya Supreme soya + goma shiro	
Edamame Beans/Bønner (Grilled/Gegrillt)		Cereals containing gluten (wheat) Soya sesame										Sesame seeds Sesame oil + soya sesame	Soya	
Edamame Beans/Bønner (Spicy)		Cereals containing gluten (wheat) Crunchy chili sauce										Sesame seeds	Soya	
Edamame Beans/Bønner (Salted/Meersalz)													Soya	
Kimchee													Soya	

Sauces - Page 1.

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Goma kuro												Sesame seeds	Soya	
Goma Shiro												Sesame seeds	Soya	
Chilli dip				Eggs					Mustard					
Crunchy chili sauce		Cereals containing gluten (wheat)								Nuts (Almonds)		Sesame seeds	Soya	
Chunky wafu	Celery											Sesame seeds	Soya	
Goma classic				Eggs					Mustard			Sesame seeds	Soya	
Kizami Wasabi		Cereals containing gluten (wheat)											Soya	
Lime marinade	Celery													
Miso aioli				Eggs					Mustard				Soya	
Miso dip												Sesame seeds	Soya	
Miso herb butter							Milk						Soya	
Miso mustard dressing				Eggs					Mustard				Soya	
Ponzu					Fish								Soya	

Sauces - Page 2.

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Saiko miso													Soya	
Spicy miso sauce												Sesame seeds	Soya	
Spicy sauce for maki				Eggs					Mustard			Sesame seeds	Soya	
Spicy tuna sauce		Cereals containing gluten (wheat)											Soya	
Supreme soy													Soya	
Sushi zu														
Table soy		Cereals containing gluten (wheat)											Soya	
Tamari soy													Soya	
Teriyaki													Soya	
Tsume soy													Soya	
Tofu aioli													Soya	

Sauces - Page 3.



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Wafu dressing												Sesame Seeds	Soya	
Wasabi caesar dressing				Egg	Fish		Milk		Mustard					
Yakiniku sauce		Cereals/gluten (wheat)					Milk					Sesame Seeds	Soya	
Yuzu miso sauce									Mustard			Sesame Seeds	Soya	
Yuzu vinaigrette									Mustard				Soya	

Desserts

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
UK: Rice and coconut DK/DE: Ris & kokos										Coconut				
UK/DE: Dark chocolate ball DK: Mørk chokolade							Milk					Sesame seeds	Soya	
UK/DE: Cashew DK: Cashew cream										Nuts Cashews + almonds + walnuts + pistachio + coconut			Soya	
Fondant		Cereals containing gluten (wheat)		Eggs			Milk			Nuts (Hazelnuts) Hazelnut brittle			Soya	
Matcha fondant		Cereals containing gluten (wheat)		Eggs			Milk			Nuts Almonds			Soya	
Crème brûlée				Eggs			Milk							
UK/DE: White chocolate mousse DK: Hvid chokoladenmousse				Eggs			Milk						Soya	
UK: Vanilla ice cream DK/DE: Vaniljeis							Milk							
UK/DE: White chocolate ball DK: Hvid chokolade							Milk					Sesame seeds	Soya	
Yuzu sorbet														
Gateau marcel		Cereals containing gluten (wheat) Chocolate ball		Eggs			Milk						Soya	

Okosama sns menu



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Sticks'n'sushi menu (without maki)		Cereals containing gluten (wheat) Soya fish		Eggs Chicken meatballs			Milk Chocolate fish					Sesame seeds Chicken meatballs + miso dip	Soya Chicken meatballs + soya fish + miso dip + chocolate fish	
Choice of maki														
Salmon maki					Fish									
Cucumber maki														

Okosama sticks menu



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Sticks menu (without sticks)		Cereals containing gluten (wheat) Soya fish					Milk Chocolate fish					Sesame seeds Miso dip	Soya Soyafish + miso dip + edamame beans + chocolate fish	
Choice of sticks														
Chicken meatballs				Eggs								Sesame seeds	Soya	
Salmon teriyaki					Fish								Soya	

Okosama sushi menu



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Sushi menu (without nigiri & maki)		Cereals containing gluten (wheat) Soy fish					Milk Chocolate fish					Sesame seeds Miso dip	Soya Soya fish + miso dip + edamame beans + chocolate fish	
Choice of nigiri														
Salmon nigiri					Fish									
Shrimp nigiri			Crustaceans (Shrimp)											
Choice of maki														
Cucumber maki														
Salmon maki					Fish									
Shrimp maki			Crustaceans (Shrimp)											
Avocado maki														

Okosama sides



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
White rice & yasai														
Sushi rice ball														
Cucumber hosomaki														
Avocado hosomaki														
Omelet hosomaki				Eggs	Fish		Milk							
Shrimp hosomaki			Crustaceans (Shrimp)											
Salmon hosomaki					Fish									
Chicken meatballs				Eggs								Sesame seeds	Soya	
Kids dessert				Eggs			Milk						Soya	

Coffee & hot drinks



STICKS N SUSHI

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Coffee with milk							Milk							
Coffee with Oat Milk		Cereals/gluten (wheat)												
Hot chocolate with whipped cream							Milk and Cream							
Matcha latte							Milk							
Chai latte							Milk							

Virgin cocktails & Juices



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Maneki				Egg (Egg white)										
Keroppi							Milk							
Ko Sanka														
Amai Mizu														
Kimchi Mary					Fish									
Juices														
Yellow Juice														
Classic Juice														
Red Juice														
Green Juice	Celery													

Cocktail

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Nippon 75	Celery Shiso leaves								Mustard Shiso leaves					Sulphur Dioxide
Stix spritz														Sulphur Dioxide
Tokyo Botanicals														
Shojito ginger														
Taketsuru				Egg (Egg white)										
Old Kokoa Fashion														
Hotaru										Nuts (Almonds syrup)				
Rabenda	Celery Edible flowers						Milk (Calpico)		Mustard Edible flowers					
Yuzu Biiru		Cereals containing gluten (wheat)		Egg (Egg white)										
Hato														
Ni-Suki														
Roza				Egg (Egg white)										
Yuzu Zoo														
Hanoko														
Morutoruku														
Dento		Cereals/gluten (wheat)		Egg (Egg white)										

Alcohol BEER

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Wine (All wines including sparkling)														Sulphur Dioxide
Sushi'n'biiru White		Cereals containing gluten (wheat)												
Sushi'n'biiru Aftenbajer		Cereals containing gluten (wheat)												
Sapporo (silver can)		Cereals containing gluten (barley)												
Sapporo		Cereals containing gluten (barley)												
Kirin Ichiban		Cereals containing gluten (barley)												
Thornbridge Tzara		Cereals containing gluten (barley)												
Big Easy		Cereals containing gluten (barley)												
Cider Aspalls Organic														

Group set menus one



Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Ichi-Ban Menu		Cereals containing gluten (wheat)	Crustaceans (Prawn) Tempura ebi + kani korokke + kataifi	Eggs	Fish		Milk Kani korokke + wasabi caesar dressing		Mustard Goma classic + wasabi caesar + wasabi + miso aioli + spicy			Sesame seeds	Soya	
Gateau marcel		Cereals containing gluten (wheat) Chocolate ball		Eggs			Milk						Soya	
Vanilla Crème brûlée				Eggs			Milk							
Ni-Ban Menu	Celery Mix + lime marinade	Cereals containing gluten (wheat) Tempura ebi +	Crustaceans (Prawn) Tempura ebi	Eggs	Fish		Milk Cream cheese + wasabi caesar + yakiniku sauce		Mustard			Sesame seeds	Soya	
White chocolate mousse				Eggs			Milk						Soya	
Dark chocolate fondant		Cereals containing gluten (wheat)		Eggs			Milk			Nuts (Hazelnuts) Hazelnut brittle			Soya	
San-Ban Menu	Celery Bbq sauce	Cereals containing gluten (wheat)	Crustaceans (Prawn) Oki ebi + tempura ebi	Eggs Miso aioli + spicy sauce for maki + tempura ebi	Fish		Milk Miso herb butter + yakiniku sauce + smoke chesse	Molluscs Hotate bacon + hotate kataifi	Mustard Spicy sauce for maki + miso aioli + wasabi + oki ebi			Sesame seeds	Soya	

Group set menus two



STICKS N SUSHI

Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Yasai Menu	Celery Lime marinade + chunky wafu	Cereals containing gluten (wheat) Table soya + soya sesame +							Mustard Wasabi			Sesame seeds	Soya	
Rice dessert with coconut & passion fruit														
Yuzu sorbet														
Yakitori menu		Cereals containing gluten (wheat)	Crustaceans (Crab) Kani Korokke	Eggs	Fish Wasabi caesar dressing		Milk Wasabi caesar dressing + miso herb butter + Kani Korokke		Mustard Wasabi caesar dressing + chilli dip + yuzu miso sauce + miso			Sesame seeds Broccoli + mix sesame + goma shiro	Soya	